

International Gourmet Foods

Food Safety and Sanitation

- Food Borne Illness
- Accident Prevention
- Proper Storage and Preparation

Kitchen Readiness

- Equipment and Measurement
- Recipe Comprehension
- Culinary Mathematics
- Mis en Place (organization)
- Knife Skills

Food in Our Lives

- Food Origins
- Food and Culture
- Factors Influencing Food Choices
- Building Flavor in Recipes
- Spice Exploration

Foods of the World

- The United States of America and Canada
- South America, Latin America and The Caribbean
- Europe
- Asia
- Middle East
- Africa

Recipes Prepared

- *Scones with Compound Butter, Cornbread, Rice and Beans, Empanadas, Crepes, Baguettes, Ratatouille, Ganache Filled Pastry Swans, Polenta Pizzas, Gnocchi with Sage Butter, Ravioli, Tiramisu, Apple Carving and Garde Manger Work, Humus with Pita Chips, Spanakopita, California Rolls, Spring Rolls, Tarts.*

Plating and Presentation

- Types of Service
- Careers in Hospitality

